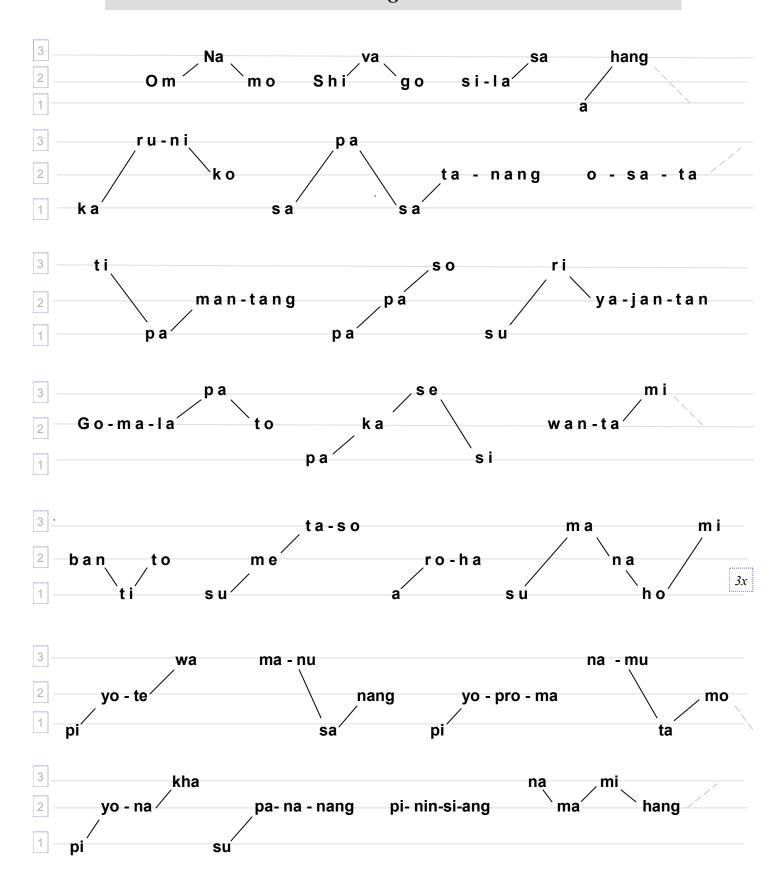
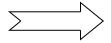
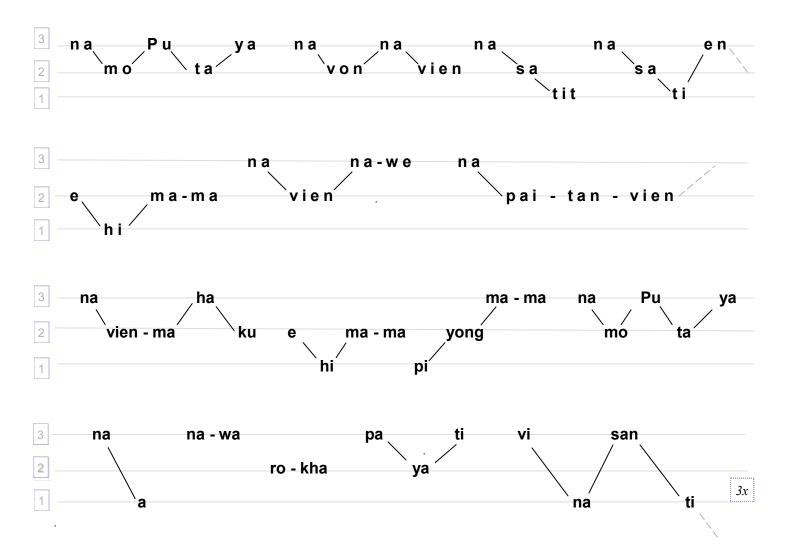
## Thai Massage Wai Khru







I pay homage with my head to Jivaka. With compassion for all beings, he has brought us divine medicine. Kumarabhacca shines as brightly as the sun and the moon. I pay respect to the great pandit, to the wise one. May there be happiness and freedom from illness.

I revere the one who is adored by deities, by humans, and by Brahma; the one who is adored by nagas and by heavenly beings; the one who is of pure faculties.

May all illness and disease be healed.

## Chanting the Wai Khru

Most practitioners of *nuad boran* are familiar with the traditional prayer that is offered to the founding father of traditional Thai medicine, Jivaka Kumarabhaccha. This mantra, passed down over many generations in the Pali language, is often recited aloud by students, practitioners and schools before the start of a Thai massage class, or even silently before beginning a Thai massage session. The Thai Healing Alliance has prepared this three-note melody so it can be made available to the international Thai massage community. It is annotated in an easy, 3-line format that can be followed by everyone.

transcribed by Bob Haddad

