

Keeping the facts straight about Thai massage

Have you heard or read any of these things before?

** Thai massage is 2,500 years old and dates back to the Buddha*

** It was developed and practiced by Jivaka Kumarabhaccha*

** Nuad Boran was brought to Thailand by Buddhist monks*

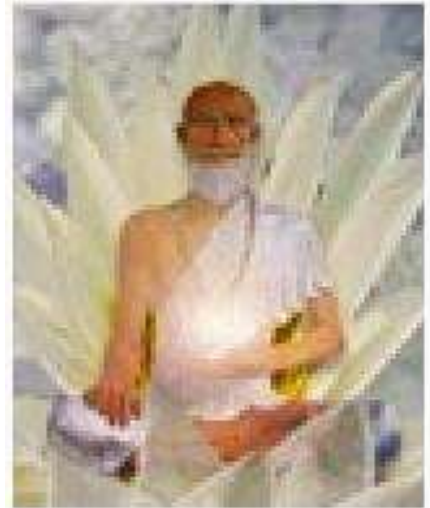
** Traditional Chinese medicine strongly influenced Thai massage*

** Sen line theory has remained unchanged for thousands of years*

** Thai massage is based on the Indian chakra system*

** Thai massage sessions are based on Indian Ayurvedic types*

** The Om Namoh prayer is hundreds of years old*



Well, none of them are true, or can be supported by facts !

Let's help to keep the record straight for our clients, colleagues, students and friends. Many things that are said or taught about the evolution of traditional Thai massage are the result of stories, fables, or commercial marketing. Thai massage is a division of the Thai medicine system, which is separate from Chinese medicine and Indian Ayurvedic medicine. Let's help others to see it that way. More information is available in the online THAI archives.