

# Nam Montr – How to Make Holy Prayer Water



Nam = Water, Montra = Prayer

*Nam Montr* (or *nammon*, / *Nam Mon*) is the name given to Holy water, or Magically empowered water. *Nam Mon* is kept and empowered in a special receptacle called a 'Khan Nam Mon', which exist in a multitude of Forms, Specialized purposes, and Artistic Interpretations. The *khan nam mon* is used for meditative Empowerment methods as well as Incantation and Prayer as a method of transference of power. Kasina staring, candle magic, and the use of added ingredients and sacred objects immersed in the holy prayer water are used as a magical fusion method to increase and amplify the power of the holy prayer water. The water is used to spray on devotees and any objects considered worthy of blessing.

## **You can make prayer water in a number of ways**

Making water by prayer and incantation – After lighting incense and candles; making offerings; performing preliminary prayers; incantations (*kata*) are performed while focusing on the prayer water. The object of the chanting is not only to magically activate the prayer/holy water, but also to generate an increased focus (*samadhi*) in the mind of the practitioner, which in turn increases the psychic effect of the empowerment process in an ever increasing scale as the practitioner becomes ever more fluent with repeated practice.

You can also use sacred items such as magical substances, or amulets to empower the water within the *khan nam mont*.

In the case of which are designed and empowered with a particular deity, such as Brahma, Vishnu, or Pra Upakut Buddha, then you can use the commonly used incantations and *bucha* methods for that deity, to make a specialized form of prayer water which carries the qualities and blessings of that particular deity. You can however with such items also make other forms of prayer water, with the exception of any kinds which may disagree with the innate nature of the deity present within the *khan nam mon*.

**‘Chae Nam Mon’** (Empowering Items by immersion in the *khan nam mon*).

You can increase the power of both the *nam mon* and your amulets, by immersing them in the holy water and then performing *bucha* (blessing ceremonies) and incantations, and then removing the amulet when needed. Many famous amulets receive this extra treatment when they are produced by great masters, as a way to increase power and sacredness of amulets.

The *badtr nam mon / khan nam mon* is also usable as an ‘*apo*’ meditation object. *Apo kasina* is the practice of absorption staring of the water element, both externalized and internalized, to attain inner awakening of powers and realizations, purification of inner vision, and elemental control over mind and matter. The practice of prayer chanting to empower the holy water in combination with the rituals increases the empowerment.

### **Candle Magic with *Nam Mon* and the Use of Wax Droppings as a Method of Prediction**

