



Massage Services

Monday to Sunday 8:00 am - 18:00 pm

Training Courses

Registration : Monday to Sunday 8:00 am - 17:00 pm

The hand-on massage course is set up in a group of 4-8 persons, thus the class is able to start everyday.

Class duration : 9:00 am - 16:00 pm (for 6 hours/day)
or 9:00 am - 12:00 pm or 13:00 pm - 16:00 pm
(for 3 hours/day)

WATPO TTM School

Inside Wat Phra Chetuphon (WatPo) : 2 SanamChai Rd.,
Pranakom, Bangkok, THAILAND 10200.

Tel: +66-2-221 2974, Fax: +66-2-225 4771

CHETAWAN TTM School

TaTian : 352/25-28 Soi Penphat 1, Maharaj Rd., Pranakhon,
Bangkok, THAILAND 10200.

Tel: +66-2-622 3550 , +66-2-221 3686 Fax: +66-2-622 3551

CHETAWAN TTM School (Chaeng Wattana)

SAILOM Building: 3rd Floor , 50/89 Pakked-ChaengWattana
Soi 15, Chaengwattana Rd., Pakked, Nonthaburi,
THAILAND 11120.

Tel: +66-2-962 7338 to 9, Fax: +66-2-962 7340

CHETAWAN TTM School (Chiangmai)

Opposite to Rajlaphad Chiangmai University :

7/1-2 behide Samud-Lanna, Prachauthit Rd., T.ChangPhueak,
A.Muang, Chiangmai, THAILAND 50300.

Tel: +66-53-410 360, Fax: +66-53-410 361



WATPO

Thai Traditional Medical and Massage
School



www.watpomassage.com



and the affiliated

CHETAWAN

Thai Traditional Massage School

Introduction

Found on 1955, **WatPo Thai Traditional Medical and Massage School (WatPo TTM)** is the first Thai traditional medical school in Thailand. Located in Wat Phra Chetophon (WatPo), beside the Royal Grand Palace, WatPo TTM school provides various educations and services based on Thai traditional wisdom to promote health care and wellness to all those who acquire.

WatPo TTM schools are also acknowledged as the original institute that teaches and serves Thai Traditional Massage ("Nuad PhaenBoran" or "Nuad Thai") till become one of the most wellknown physical therapy in the world.

Chetawan Thai Traditional Massage School, WatPo

TTM's affiliate school, presently operates 3 branches, i.e.
1) Chetawan TTM (Bangkok), 2) Chetwan TTM (Chaeng Watthana) - Nonthaburi, Bangkok greater area, and
3) Chetawan (Chiangmai). Chetawan TTM school conducts massage training courses and services identically with WatPo TTM.



Schools' Philosophy

"It is school overall objective to educate a student to become a quality Thai traditional medicine practitioner. We must fulfill them with the appropriate professional knowledge, ethic and attitude, and would ensure they are willing to help others with mercy and kindness."



His Holiness Somdet Phra Ariyavangsatayana
Somdet Phra Sangharaja (Pun Punnasiri),
The 17th Supreme Patriarch of Thailand

The Founder of WatPo TTM School

This is what all staffs always hold on and attempt to carry out. To catch on present technologies that would rather change everyday, we are all alerted to improve ourselves rely on modern science and medicine; meanwhile, continue our strong foundation of Thai wisdom.

Training Courses

Thai traditional medicine and massage courses are instructed by group of the most experienced teachers who dedicate their professional competence in providing the up-to-date education and revealing a truly traditional Thai hospitality.

Short Massage Training Courses (for Thais and International)

- General Thai Massage
- Advanced Thai Massage Therapy
- Foot Massage
- Infant and Child Massage
- Oil Massage and Aromatherapy
- Massage for Women's Health care

Thai Medicine and Professional Massage Courses (for Thais only)

- Thai Traditional Pharmacy (300 hrs.)
- Thai Traditional Medical Practice (800 hrs.)
- Professional Thai Massage Level I (150 hrs.)
- Professional Thai Massage Level II (372 hrs.)



Massage Services

All massagers at WatPo and Chetawan TTM schools have been carefully selected and rigorously trained in order to provide you the genuine sense of calm, relaxation and pleasure of Thai traditional massage.

Offered Services

- Thai Traditional Massage
- Thai Massage with Hot Herbal Bags
- Foot Massage
- Neck and Back Massage
- Oil Massage and Aromatherapy
- Massage for Women's Health care



Thai Massage School of Chiang Mai

Thai Massage School Thailand

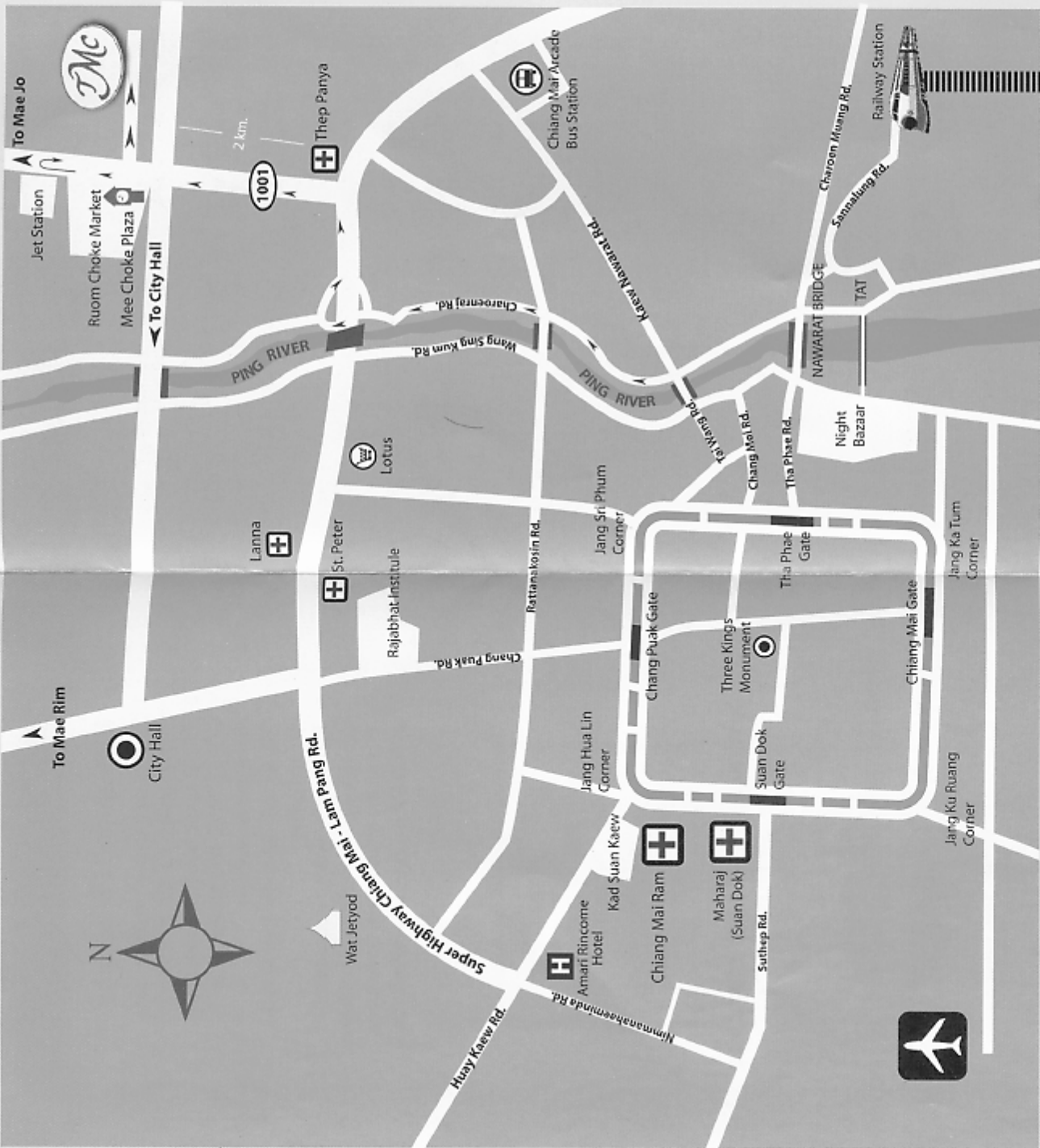


THAILAND ROYAL AWARD
for Best Vocational School 2005.
NCBTMB of USA: Australia, Canada, UK
Approved Provider for Continuing Education

Thai Massage
is the art of giving
from two hands
and the heart



www.TMCschool.com
info@TMCschool.com



Direction for TAXI: Please show them this direction in Thai. The driver can call the school for direction. Most of them have cell phones
TMC: โรงเรียนทวดไทยเชียงใหม่ หรือ ที-เอ็ม-ซี อยู่ถนนแม่ใจ ตรงข้ามตลาดรวมโชค แล้วยกไป ฟันตลาดเป็นฝั่งหน้าเจ็ด (JET) กลับรถ วิ่งย้อนเข้ามาผ่าน
หมู่บ้านสวนหม่อน ชำระสะพานแม่แก้ว เจอดักแถว ด้านหลังติดลากล่อง เลี้ยวซ้ายเข้าซอย ดูป้าย ร.ร. จะเห็นตั้งแต่หน้าตลาด



www.TMCschool.com
Tel: 053-854330 Mobile : 01-111-2001

Programs of Study



All TMC courses are constantly improved to meet the need of the rapidly growing number of people seeking knowledge in the ancient art of Thai Massage.

1. Foundation of Thai Massage: Level I : 30 hours (5 days)
For learners who wish to acquire original Thai Massage skills for personal benefit and to lay strong foundations for further study to become professional. Students learn hands-on techniques to relieve tension, fatigue, stimulate circulation, and restore vitality in the entire body through Thai massage pressure points. The course includes the textbook "Thai Massage the Thai Way: in Theory and Practice" (worth B1,199) which explains detail theory of Thai massage in vivid color pictures on practical part. (Additional workbook in different languages available for extra cost of B250)
Mon - Fri : Course fee is B5,300

2. Thai Massage Enhancement : Level II : 30 hours (5 days)
To strengthen the techniques with the teacher's assistant for students to manage the massage sequences of 134 positions learned from Level I within time limit. Additional variation techniques are taught in order to apply different pressure effects. Brief discussion of tracing Sen Sib offers in class.
Mon - Fri : Course fee is B5,300 (Prerequisite Level 1).

3. Therapeutic Thai Massage: Level III : 30 hours (5 days)
For advanced hands-on skills in ancient pressure-point massage to relieve common ailments, demonstration of how to apply Thai massage to special need i.e. sick person, elderly or a child. Students perform the actual making of herbal balls from fresh herbs, and the application technique to relieve discomfort and restore energy. Discussion on Thai massage professional ethics.
Mon - Fri : Course fee is B6,000 (Prerequisite: Level 1).

4. Comprehensive Thai Massage 3 Levels : 90 hours (15 days)
Enroll to take all 3 levels together receive 10% discount.
Total course fee is B14,940



5. Thai Massage Internship I: Level IV: 30 hours (5 days)
Students learn to massage with integration all 3 levels (1-2-3). Students practice under closed teacher's supervision to facilitate massage techniques with correct sequences, speed and time limit. Discussion of professional ethics, massage planning and contraindication of massage.
Mon - Fri: Course fee is B6,000 (Prerequisite: Level 1-2-3)

6. Thai Massage Internship II: Level V: 30 hours (5 days)
Students learn to provide Thai massage professionally to guests; include Thai massage with special need to senior persons at senior home. All training is under closed teacher's supervision. Discussion of pathology and massage planning for special need.
Mon-Fri: Course fee is B6,900 (Prerequisite: Level 1-2-3-4)

Graduates of 5 Levels will earn diploma of Intensive Professional Thai Massage 150 Hour Program.
Note: Former TMC graduates of Level 1-2-3 may enroll to continue Level 4-5.

7. Basic of Thai Massage : 18 hours (3 days)
For learners with less time, but who still wish to acquire adequate skills in basic Thai massage for most parts of the body (feet to back) with less practice time than in the 5-day course. Students participate in the first three days of the 5-day course. The course includes the text book "Thai Massage the Thai Way: in Theory and Practice".

Mon - Wed: Course fee is B 4,500 (Change to 5 days pay B1,200 more).

8. Thai Table Massage: 12 hours (2 days) Hands-on only

Student will learn positions from Level I that appropriate for massage on table. The unique revision, some stretching positions are eliminated from this set up, yet maintain the genuineness of the original Foundation of Thai Massage to suite the physical demand and work space to some practitioners, applicable to beginners as well. Great complement to spa and herbal ball application.

Sat - Sun : (possible on weekdays)
Course fee is B4,500

9. Thai Foot Massage : 12 hours (2 days) Hands-on only

For all levels of learners: This course is a lifetime gift to bring home to your family and friends, or add on to your massage professional career. TMC most effective and systematic training will enable you to follow the teacher's demonstration easily with provided charts, then practice the lesson with so much fun and pleasure. Short sessions in legs, hands, arms, shoulder and neck massage is an extra training included in the course for you. The training is less physical demand than body massage and suitable to most people. Information of a brief background and references on Foot Reflexology is in the workbook.

Sat-Sun : (possible on weekdays) Course fee is B3,200

10. Thai Chair Massage : 6 hours (1 day) Hands-on only

For people with or without experience in Thai massage This course will guide students how to apply Thai massage for back in chair massage or in sitting position. Massage of shoulder, neck, head pressure point, arms and hands are included.

Sat or Sun : (possible on weekdays) Course fee is B1,900



11. Yogi Exercise "Lue Sri Dadton": 6 hours (1 day)
Learn the ancient art of self stretching exercise in the old time by monks during vipassana solitude in the forest "Tudong". Practice positions most common used with the teacher. Workbook with ancient pictures included.

Sat or Sun : (possible on weekdays)
Course fee is B1,900

12. Professional and Teacher Training in Thai Massage "GCT" 300 - 600 Hours Program:

Thai government approved for Thai massage teacher training school for serious learners with or without experience in massage seeking to become Thai massage professional and teacher Foundation of Thai Massage. The program is intensive Maximum compliance to the curriculum is required.

See complete detail at www.TMCschool.com

M-F classes run from 9.00-16.00: S-S from 9.00-16.00. Advanced enrollment required for all classes. Fee includes workbook, fresh clothe daily and herbal tea. We offer complementary vegetarian lunch and transportation to-from guest houses within location to school. Places outward, taxi will charge extra fee.

Refund Policy : Cancellation of unattended courses or postponement pay 20% administrative fee. **NO REFUND AFTER CLASS STARTED.**
Smoking Policy : No smoking during 9.00 -16.00, even during break time. Full cooperation is requested.

Both TMCs are located in a beautiful location within a short distance to the inner city. Three school buildings situated next to a canal with serene and home style decoration. School's environment fills with love and peace vibration. We welcome people seek learning in this atmosphere to join us.



Lunch area

Meditation corner